

Central Campus RA Training

Training Expectations

- Be early to all training sessions and meetings. We have to cover a lot of material and not much time to cover it in.
- Come to all sessions prepared with what you need.
- Ask questions! Questions are an essential part of learning.
- Represent! Use appropriate language, dress appropriately, use good judgment, and present a positive attitude.
- Be supportive. A huge amount of work went into RA training and information that you find repetitive may not be that way for everyone.
- Cell phones off. Not on vibrate, but off.
- Share information and ideas.
- Stay positive. Training can be overwhelming but we will provide you with enough time to process and prepare for your residents.

Training Learning Outcomes & Goals

- Learn University Housing procedure regarding duty coverage and crisis management
- Become oriented to and knowledgeable about campus resources and University Housing
- Learn how to design programs that effectively meet programming learning outcomes
- Learn how to create more personal/positive resident interactions
- Learn strategies and techniques to effectively support residents in resolving their own conflicts

Tuesday, August 3, 2010

Move into your residence hall!

Time	Location	Presenter	Session	Objectives
6:00 PM	Your Residence Hall	Food	Dinner	• Get to know your fellow staff members
8:00 PM	Your Residence Hall	C/RD	In-Hall	• Review Training Schedule and expectations

Wednesday, August 4, 2010

Time	Location	Presenter	Session	Objectives
10:00 AM	FYC 104/106	Emily & Jillian	Icebreakers	• Get to know other central campus staff members
11:00 AM	FYC 104/106	Central Campus Staff	Welcome	• Meet Associate Director – Kathleen Ruppe • Meet Assistant Directors – Keith Wickliffe & Ebony Ebron • Meet C/RDs – Emily Baker , Christina Gillar, Aaron Hood, Annie Kehoe, Kristin Marley , Jillian Zalewski • Understand RA Role
12:00 PM	Fountain	University Dining	Lunch	• Obtain sustenance
1:00 PM	FYC 104/106	Felicia Johnson	New Hire Paperwork	• Complete hiring process • Meet Administrative Associate – Felicia Johnson
1:00 PM	Metcalf	Aaron & Kristin	Pre-BCD Prep	• Prepare actors for scenarios
2:00 PM	Metcalf	Aaron & Kristin	Pre-BCDs	• Assess what new RAs need to learn
4:00 PM	FYC 104/106	Ebony & Annie	StrengthsQuest	• Gain an understanding of the philosophy and approach of StrengthsQuest. • Gain a basic understanding of the 34 themes.
5:00 PM	Fountain	University Dining	Dinner	• Obtain sustenance
6:00 PM	Your Residence Hall	C/RD	In-Hall	• Review the day of training • Review how to fill out RCRs properly • Review process of key checks • Receive promotional materials
9:00 PM	FYC 104/106	Hollywood	Movie & Popcorn	• Relax and meet fellow staff members

Session Notes



What questions do you have?

Session Notes

After Pre-BCDs, what do you think is the number one thing you need to work on?

What surprised you about Pre-BCDs?

How accurately do you think your Signature Themes from StrengthsQuest reflect you?

How do you think your Strengths will affect how you work within your RA staff? How about within your course work?

Thursday, August 5, 2010

Time	Location	Presenter	Session	Objectives
10:00 AM	FYC 104/106	ACs	Ice breakers	• Get to know each other!
10:30 AM	FYC 104/106	Officer Steve Carlton	Campus Police	• Learn about University Police and how to program with the department • Learn how to determine the smell of marijuana • Learn when to call University Police
11:00 AM	FYC 104/106	Fire Marshall Bill Stevenson	Fire Safety	• Learn the appropriate way to evacuate the building • Points of Rescue • Learn what to do when sprinklers go off • Learn to use the fire extinguisher
11:30 AM	FYC 104/106	Kristin Marley	Ice Breakers	• Meet fellow staff members
12:00 PM	Fountain	University Dining	Lunch	• Obtain sustenance
1:00 PM	FYC 104/106	Ebony Ebron & Keith Wickliffe	Central Campus Focus and Programming Goals	• Know what the Central Campus Focus topics are • Understand what the Central Campus programming goals are
2:00 PM	FYC 104/106	Christina & Annie	Programming Outcomes	• Learn how to assess resident needs • Understand outcomes approach • Learn about University Housing & Central Campus Focus program outcomes • Learn how to evaluate student learning
3:30 PM	FYC 104/106	Kristin & Emily Garrett Swan & Emily McClanahan	Programming 101	• Learn about programming logistics • Learn about passive programming • Understanding aesthetics • Learn Central Campus' expectations • Learn how to plan a program step by step • Brainstorm programming ideas
5:00 PM	Fountain	University Dining	Dinner	• Obtain sustenance
6:00 PM	Your Residence Hall	C/RDs	In-Hall	• Review the day of training • Review your hall's programming model •

Session Notes

What questions do you have?

Session Notes

How do you think CCFs will affect your programming?

Why do you think we plan programs intentionally?

How will you assess the needs of your community this year?

What will your first program be? How about your second program?

Friday, August 6, 2010

Time	Location	Presenter	Session	Objectives
10:00 AM	FYC 104/106	Deb Luckadoo	Campus Activities	- Find programs and activities for the first 6 weeks to get residents involved in - Learn the different services that UAB offers during opening and throughout the year
10:30 AM	FYC 104/106	Marianne Turnbull	Health Promotions	- Find programs and activities involving health promotions in which to get residents involved - Learn the services that health promotions offers throughout the year
11:00 AM	FYC TOTA – 104 Tri – 110	OTMs – Jordan Carrera and Manisha Patel First Floor Meeting- Linzy Martinelli and Kela Farmer	Rotating Sessions – OTM and First Floor Meeting	- Learn to create a safe, respectful, and connected community - Learn to write successful OTMs
12:00 PM	Fountain	University Dining	Lunch	Obtain sustenance
1:00 PM	FYC 104/106	Kyle Winters & Darian Perry	IRC/NRHH	- Purpose of IRC and Hall Council - Learn how partnerships with hall council and IRC will be useful. - Purpose of NRHH - Learn about OTMs and why they are important
1:30 PM	FYC 104/106	Tierza Watts	CSLEPS	- Learn about the CSLEPS office and ways to program with them - Discuss leadership development and the importance of understanding your leadership style
2:00 PM	FYC TOTA – 104 Tri – 110	HS: Annie & Emily CM: Jill & Christina	Helping Skills & Conflict Mediation	- Learn the difference between helping and counseling - Learn the helping process and basic helping skills - Learn what to avoid when helping others - Develop confidence in helping individuals - Learn the different types of conflict - Learn different ways residents may try to handle conflict - Learn a step by step process of mediating conflicts
3:30 PM	FYC TOTA – 110 Tri - 104	CM: Jill & Christina HS: Annie & Emily	Conflict Mediation & Helping Skills	- Learn the different types of conflict - Learn different ways residents may try to handle conflict - Learn a step by step process of mediating conflicts - Learn the difference between helping and counseling - Learn the helping process and basic helping skills - Learn what to avoid when helping others - Develop confidence in helping individuals
5:00 PM	Fountain	University Dining	Dinner	Obtain sustenance
6:00 PM	Your Residence Hall	C/RDs	In-Hall	Review the day of training
9:00 PM	FYC 104/106	Keith Wickliffe	Board Game Night	Relax with some games

What questions do you have?

Session Notes

Why do you think our first floor meetings are so important?

*What crisis are you the most anxious about?
What do you think could help you feel prepared?*

How do you often deal with conflict? Do you have different expectations for yourself than for your residents? Why or why not?

What ground rules do you have for mediation meetings?

Saturday, August 7, 2010

Time	Location	Presenter	Session	Objective
9:30 AM	FYC 104/106 FYC 110	Justine Hollingshead	GLBT Ally Training	New RAs: • Knowledge of issues facing the GLBT community, specifically those impacting the residence hall environment. • Knowledge of resources to address issues facing the GLBT community. • Identify the role of an RA as it relates to serving as an advocate/ally for the GLBT community. • Awareness of programs and services offered by the GLBT Center and other resources in the local area. • Recognition of the difference between a hate crime and hate bias, including how to address and respond to both. • Gain an understanding of GLBT identity development models and have a general awareness of how to use them in a practical sense. • Demonstrate knowledge of ways to respond to offensive, anti-GLBT language and behavior. Returns: • Development of hall/area-wide awareness program or action plan toward addressing an issue facing the GLBT community in the residence halls. • Awareness of issues facing the GLBT community, specifically those impacting the residence hall environment. • Strategize ways to support the GLBT community in the residence halls. • Awareness of programs and services offered by the GLBT Center and other resources in the local area. • Allow RAs the opportunity to creatively and cooperatively re-envision and build (be it with words, pictures, themselves and peers, or other constructive materials) a residence hall environment that is inclusive and welcoming of the GLBT community. • Participation in multimedia project regarding "ThinkB4YouSpeak" to combat homophobic phrases like "That's So Gay" and "You're So Gay". • Strategize ways to support new RAs regarding the creation of an inclusive residence hall environment.
12:00 PM	Clark	University Dining	Lunch	• Obtain sustenance
TBD	TBD		It's a Surprise!	

Sunday, August 8, 2010

Time	Location	Presenter	Session	Objective
11:00 AM	Harris Lot		Return	
12:00 PM	Clark		Lunch	
6:00 PM	Your Residence Hall		ADF Staff Dinners	• Review university housing policies

What questions do you have?

Session Notes

What are some ways that you've witnessed marginalization of the GLBT community in your previous residence hall experiences?

How will you respond to a resident who is using non-inclusive language?

If we have a right to free speech, then why is it important for us to challenge marginalizing language?

*What are three things that you learned today?
How do you think they will influence your position as a resident advisor?*

Monday, August 9, 2010

Time	Location	Presenter	Session	Objective
10:00 AM	FYC 104/110	Hall Council – Ben Averritt Creating a floor environment – Mark Lindle	Rotating Sessions- Hall Council Collaboration & Creating a floor environment	• Learn strategies to collaborate with hall council. • Learn to create a respectful floor environment
11:00 AM	FYC 104/106	George Thomas	Craft Center	• Connect with staff from the Craft Center. • Learn about programming opportunities with the Craft Center.
11:20 AM	FYC 104/106	Zoe Starling	Gregg Museum	• Connect with staff from the Gregg Museum • Learn about programming opportunities with the Gregg Museum.
12:00 PM	Fountain	University Dining	Lunch	• Obtain sustenance
1:00 PM	FYC 104/106 FYC 110	Aaron & Kristin Annie & Jill	Policy Jeopardy	• Understand reasoning for policies. • Learn to communicate policies to residents • Recognize policy violations in the hall
2:00 PM	FYC 104/106	Turi Plisch	Student Conduct	• Understand the philosophy of the conduct process • Be aware of University policies • Understand the structure of the Office of Student Conduct
3:30 PM	FYC 104/106	Kristin & Jill	Documentation, IRs, & Mock Conduct Hearings	• Learn importance of documentation • Learn how to write an incident report
5:00 PM	Fountain	University Dining	Dinner	• Obtain sustenance
6:00 PM	Your Residence Hall	C/RDs	In-Hall	• Review duty expectations



What questions do you have?

Session Notes

How will you collaborate with Hall Council during the year?

What is your ideal floor environment? What goals do you have for your community?

Why do NC State student conduct policies exist? Can you explain why a policy is in place to a resident?

What is the focus of disciplinary hearings with the RD? Why are the details within documentation so important?

Tuesday, August 10, 2010

Time	Location	Presenter	Session	Objectives
10:00 AM	FYC 104/106	Angel Johnson	Counseling Center	• Meet professionals from the Counseling Center • Learn appropriate ways to approach emotional crisis situations • Learn how to effectively communicate in a crisis • Understand processes and how they relate to Housing policies • Know at what point a resident should be walked to the counseling center
11:30 AM	FYC 104/106	ACs	Icebreakers	
12:00 PM	Fountain	University Dining	Lunch	• Obtain sustenance
1:00 PM	FYC 104/106	Emily & Aaron	Confrontation and Emergency Procedures	• Learn how to confront residents that are violating policies • Learn to handle non-compliant residents • Learn when to contact Campus Police • Learn to handle emergency situation that may arise
2:00 PM	FYC 104/106	Christina & Kristin	Supporting Our Residents' Academic Success	• Learn tips for promoting academic success • Learn how to have academic conversations • Learn how to refer students to appropriate resources
3:00 PM	FYC 104/106 Returners: 110	Juliette Grimmett	Sexual Assault Training	• Meet professionals from the Women's Center • Learn appropriate ways to approach survivors of rape and sexual assault • Know what paperwork to fill out in the event of a sexual assault
5:00 PM	Fountain	University Dining	Dinner	• Obtain sustenance
6:30 PM	Miller Field	Central Campus RAs	Kickball Tournament	• Choose a kickball champion

Central Campus

What questions do you have?

Session Notes

What usually gets students to go to the counseling center? How do you best support a student who is in crisis?

During an incident, what information should you gather from a student if they do not attend NC State?

What resources are available to students who are struggling academically?

What is the psychological basis for rape or sexual assault? Why is giving a survivor choices important?

Wednesday, August 11, 2010

Time	Location	Presenter	Session	Objectives
10:00 AM	FYC 104/106	Amy Circosta	Office of Equal Opportunity	• Understand the role of power • Understand what sexual harassment is
11:00 AM	FYC 104/106	Ebony Ebron & Annie Kehoe	University Housing Diversity Mission Statement	• Learn NCSU's and University Housing's diversity mission statement • Understand the importance of creating an inclusive environment through the RA role
12:00 PM	Fountain	University Dining	Lunch	• Obtain sustenance
1:00 PM	FYC 104/106	Kristin & Aaron	Diversity Experiences	• Reflect on the differences within and between people
4:00 PM	FYC 104/106	Emily McClanahan, David Roberts, Brittany Hall, and Melissa Mahoney	Panel Discussion	
5:00 PM	Fountain	University Dining	Dinner	

Session Notes



What questions do you have?

Session Notes

What kinds of discrimination or harassment does the Office of Equal Opportunity handle?

What identities does the Office of Equal Opportunity expressly protect?

What surprised you about the University Housing Diversity Mission Statement? How do you think this statement influences the work we do in the residence halls?

Why is it important for RAs to foster an inclusive environment?

Thursday, August 12, 2010

Time	Location	Presenter	Session	Objectives
10:00 AM	FYC 104/106	Kristin & Aaron	StrengthsQuest	• Apply the StrengthsQuest philosophy to working as an RA • Learn to capitalize on your talents
12:00 PM	Fountain	University Dining	Lunch	• Obtain sustenance
1:00 PM		Aaron Hood & Kristin Marley	BCDs	• Receive hands-on experience with emergency response • Identify areas of personal improvement • Know appropriate actions to take in a crisis
4:00 PM	Your Residence Hall	RDs	BCD Processing	• Review trouble areas • Reflect on BCDs
5:00 PM	Fountain	University Dining	Dinner	• Obtain sustenance
6:00 PM	TBA		Closing Ice Cream Social	• Celebrate the end of training

Session Notes



Questions?

Session Notes

Which part of your Strengths do you not identify with?

After BCDs, what crisis do you feel least prepared for? How are you preparing yourself for that crisis?

Training is not designed to teach you how to do your job. Training is here to give you the tools for you to learn to do your job. Do you feel that there are any tools that you're missing as you prepare for your residents?

What mistakes do you anticipate making throughout the year? How will you work to learn from those mistakes?

Friday, August 13, 2010

Residents Move-In!

Congratulations, you're now an official RA Scout of America! Here's your badge:



RA To-Do List

- RCR for every resident
- Key check of every resident key
- Work Orders placed by August
- Bulletin Boards
- Door Decorations hung
- Welcome sign for your floor
- All give-aways placed in residents' room.
- All policy signs hung
- All welcome posters hung
- Floor meeting signs and times hung
- All directional signage hung

*****Please note that this list is not exhaustive. There is LOTS to do! ☺*****